Aireborough Family Services

Working Together with Children, Young People and Families

Parent workshops and courses 2026/27

Workshop/course	No. of sessions	Dates	Time	Venue	Facilitators
Anxiety based school avoidance workshop – providing strategies for managing school refusal	1	**Friday:** 11th September 2026	09:30-12:30	Guiseley Baptist Church	KC / LM
CYGNET – A support programme for parents of children with autism (condensed)	3	**Thursday:** 8th,15th & 22nd October 2026	16:00-19:00	Guiseley Baptist Church	KC / JW
Teens & Screens workshop – Setting limits and keeping young people safe on the internet	1	**Friday:** 6th November 2026	09:30-12:00	Guiseley Baptist Church	KC / JW
Anxiety management workshop – for parents wanting guidance on managing their child's anxiety	1	TBC	TBC	TBC	TBC
Anger Management workshop – Alternative and assertive ways of dealing with anger, abuse and criticism	2	**Friday:** 4th & 11th December 2026	09:30-12:00	Guiseley Baptist Church	KC / JW
ADHD workshop – support & advice for families of children with ADHD	1	**Friday:** 15th January 2027	09:30-12:00	Guiseley Baptist Church	KC / JW
CYGNET – A support programme for parents of children with autism (condensed)	3	**Wednesday:** 3rd ,10th & 24th February	09:30-12:30	TBC	KC / JW
Child Against Parent Aggression workshop – support for those experiencing aggression from a young person	1	**Friday:** 19th March 2027	09:30-12:00	TBC	KC / JW
Adoptive Families workshop – support and advice for families with adopted children	1	**Friday:** 23rd April 2027	09:30-12:00	TBC	KC / JW
CYGNET – A support programme for parents of children with autism.	7	**Tuesday:** 11th, 18th & 25th May and 8th, 15th, 22nd & 29th June 2027	12:30-15:00	TBC	KC / JW / LM
EHCP workshop – Information for parents on the EHCP process and where to go for help	1	**Friday:** 9th July 2027	09:30-11:30	TBC	JW / SENDIASS

To register for any of the above, please email julia.whiteley@aireboroughxs.co.uk

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