



Anxiety Based School Avoidance (ABSA) Workshop for parents/carers

This workshop looks at the reasons behind anxiety-based school avoidance, the impact it has on families and what we can do to help our young people.

Friday 11th September 2026 - 09:30-12:30

Venue:

**Guiseley Baptist Church
24b Oxford Road,
Guiseley,
LS20 9AS**

**To secure a place or for more information, please email
julia.whiteley@aireboroughxs.co.uk**